

YAB 3rd-8th grade Basketball: *It's not too late!*

Youth basketball teams have formed but there may still be room! Call René at 303-651-8398 for more information.

Free! Denver Nuggets Skill Challenge

Saturday, January 3, 1pm

Young basketball fans can exhibit their basketball skills when the City of Longmont hosts a Denver Nuggets Basketball Skills Challenge competition. The competition is free and open to boys and girls ages 7 through 14. Boys and girls compete in separate divisions. Age classification is as of April 30, 2015. The Skills Challenge is a competition that showcases the talents of young boys and girls in dribbling, passing and shooting. Co-sponsored by the Colorado Parks and Recreation Association and the Denver Nuggets, top scorers in each age group advance to a sectional competition. Top scorers at the sectional competition advance to the State Championship competition in April. Entry forms are available one hour prior to the competition at the Longmont Recreation Center, 310 Quail Road.

Basketball Ball Handling Camp

Specifically teaching ball-handling (dribbling) fundamentals, this camp is a great way to build self-confidence and ability! Coaches will truly TEACH (not just show) young people, of all experience levels, the art of ball handling! Camp includes a basketball.

8 to 12 years: Mon-Wed, 8am-12pm

Dates: Dec 29-31 412291.H

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$95 resident/\$118.75 non-resident

Fencing Camp

Understand the fundamentals of fencing after one full day of practice. Successful completion allows students to advance to the progressive fencing classes. All necessary fencing equipment will be provided. Please wear comfortable clothes, bring a snack, a lunch, a water bottle and non-marking tennis shoes.

8 to 16 years: Dec 30, Tues, 10am-4pm 412297.1

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$60 resident/\$75 non-resident

Youth Fencing Lessons

Dedicated to terminology, footwork, games, simple attacks and blocks, instruction is simple and each class is lively, building on the skills learned in the previous class. Beginners will learn the fundamentals, skills and rules of this fast, fun and intense sport. The progressive class is for those who have taken the beginner class. All fencing equipment is provided.

8 to 16 years: Thursdays, 6:45-7:30pm

Beginner: Jan 8-Feb 12 112222.B1

Feb 19-Mar 26 112222.B2

Apr 16-May 21 212252.B1

8 to 16 years: Thursdays, 7:30-8:15pm

Progressive: Jan 8-Feb 12 112222.P1

Feb 19-Mar 26 112223.P2

Apr 16-May 21 212253.P1

Instructor: Denver Fencing Academy

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$90 resident/\$112.50 non-resident



Triathlon Training for Teens

It's not too late to sign up! For teens that want to stay in shape for a spring sport.

12 to 18 years: Dec 1-Feb 12, M/T/Th, 4-5pm

426401.1

Location: Centennial Pool, 1201 Alpine st

Fee: \$125 resident/ \$156.25 non-resident

Tri Peaks Youth Triathlon Team

Develop swimming, cycling and running abilities while promoting a healthy, active lifestyle – all while having fun!

Ages 8 to 18: Kick Off Meeting: Thurs, Feb 12, 5pm

Feb 17-Apr 2, T/Th/Su, 4:30-5:30pm 123611.1

Ages 8 to 18: Kick Off Meeting: Tues, Apr 12, 4pm

Apr 12-May 28, T/Th/Su, 4:30-5:30pm 223611.2

Location: Centennial Pool, 1201 Alpine St & Longmont Recreation Center, 310 Quail Rd

Fee: \$120 resident / \$150 non-resident

Triathlon Training Camp

Work on swimming, bike handling and bike safety, running form and the basics of smooth transitions all in a supportive, group environment in this 3-day triathlon camp for youth.

8 to 12 years: April 8-10, Wed-Fri, 9am-12pm

223611.1A

Location: Centennial Pool, 1201 Alpine St

Fee: \$90 resident/\$112 non-resident

Preschool Sports

These clinics are held indoors and focus on the basics of the game. The Goal Sport clinic includes soccer, lacrosse and hockey. Please have your child wear tennis shoes. Come in and enjoy a workout while the little one also burns some energy. **NO CLASS DURING SPRING BREAK (April 6-10).*

3 to 5 years: 10:30-11:15am

Code:

Basketball

Monday	Jan 5-26	112120.M
Tuesday	Feb 3-24	112120.T
Wednesday	Jan 7-28	112120.W
Thursday	Feb 5-26	112120.R

Goal Sports

Monday	Feb 2-23	112125.M
Tuesday	Jan 6-27	112125.T
Wednesday	Feb 4-25	112125.W
Thursday	Jan 8-29	112125.R

Soccer

Monday	Mar 2-23	212121.M
Tuesday	Mar 31-Apr 28*	212121.T
Wednesday	Mar 4-25	212121.W
Thursday:	Apr 2-30*	212121.R

T-Ball

Monday	Mar 30-Apr 27*	212122.M
Tuesday	Mar 3-24	212122.T
Wednesday	Apr 1-29*	212122.W
Thursday	Mar 5-26	212122.R

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$30 resident/\$37.50 non-resident

**Look for NEW Junior Golf Program
in the Summer Brochure!**

Middle School Intramural Soccer

The intramural soccer program is for students attending participating schools. Practices start immediately after school 3 times per week and last 1-2 hours in length. One game per week is scheduled Mon-Thurs. Practice schedules are school specific and will be sent out to participants by the coaches before the season begins.

**no practices or games April 6-10*

6th-8th graders: Mar 9 – May 7, 3:30-5pm (times vary)

School:	Longs Peak	226100.1
	Sunset	226100.2
	Westview	226100.3
	Timberline	226100.4
	Twin Peaks Charter	226100.5
	Imagine	226100.6
	Thunder Valley	226100.7
	Coal Ridge	226100.8
	Erie	226100.9

Fee: \$55

YAB Kindergarten Basketball

An organized team participation program with an emphasis on teamwork, sportsmanship, skill development and fun! Teams meet 5 times and do not play games. Each participant will receive a t-shirt and a basketball.

Grades:	Kindergarten	212021.4
Dates/Times:	Mar 6-Apr 3, Fri, 4:15-5pm	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$45 resident/\$56.25 non-resident	

YAB 1&2 Grade Basketball

An organized team participation program with an emphasis on teamwork, sportsmanship, skill development and fun! Teams play 2 exhibition games towards the end of the season on weeknights. Each participant will receive a t-shirt and a basketball.

Grades:	1 & 2	
Dates/Times:	Mar 2-Apr 2, 4:15-5pm	
	Mon/Wed	212022.MW
	Tue/Thu	212022.TR
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$55 resident/\$68.75 non-resident	

CARA Lacrosse League

An organized team participation program for boys and girls, teams are coed, ages 6-14 with an emphasis on fun and participation. Teams practice 2 times per week. Seven games are played in Longmont or surrounding communities on Saturdays. Mandatory Equipment: stick, gloves, arm pads, shoulder pads, mouth piece, protective cup and NOCSAE approved helmet. Rib pads are recommended. All equipment must conform to NFHS rules. Registration Deadline is Mar 2.

Dates:	Mar 2-May 2	
Ages:	6 to 8 years:	212264.B6
	8 to 10 years	212264.B8
	10 to 12 years	212264.B0
	12 to 14 years:	212264.B2
Fee:	\$65 resident/\$81.25 non-resident	

Fast-pitch Softball League

The fast-pitch softball program is affiliated with the IPGSA league and is an organized team participation program for girls 6-18 years old. The program emphasis is on teamwork, sportsmanship, skill development and fun. Teams meet 2-3 times per week for games and/or practices. Away games involve travel to nearby cities. Register according to the child's age as of January 1, 2015. Registration Deadline is March 22. Practice begins April 1, games begin May 1.

Dates:	Apr 1-Jul 11	
8 & under	\$65 resident/\$81.25 non-res	212210
10 & under	\$70 resident/\$87.50 non-res	212211
12 & under	\$75 resident/\$93.75 non-res	212212
14 & under	\$80 resident/\$100 non-res	212214
18 & under	\$85 resident/\$106.25 non-res	212218



Youth Volleyball League

An organized team participation program for youth in grades 3-8 with an emphasis on teamwork, sportsmanship, skill development, fun and participation. All teams play a 5 game schedule with practice twice a week. Times, dates and location of practice will depend on coach's availability. Registration Deadline is Mar 22.

Dates:	Mar 30-May 16	
Grades:	3&4	212423
	5&6	212425
	7&8	212427
Fee:	\$50 resident/\$62.50 non-resident	

Volleyball Academy

Come join Academy Volleyball and improve your overall skills. Join us for fun, excitement, great coaching, skills, drills and games. All skill levels welcome. Space is limited so sign up early.

Grades K-5:	Jan 27-Feb 19, T/Th, 4:30-5:30pm	112298.K5
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$85 resident/\$106.25 non-resident	

Volleyball Personal Training

Nicolle Snyder has coached volleyball for seven years including three at the varsity high school level. Her skills and knowledge will help girls and boys improve their skills, conditioning and knowledge of the game. Each hour long sessions is designed based on individual needs. Dates and times by appointment – call Nicholle at 720-838-6152. For non-resident group rates, add 25%.

Fee:	\$45 res/\$56.25 non-res per session	
	\$155 res/\$193.75 non-res (4 sessions)	
	\$330 res/\$412.50 non-res (10 sessions)	
	\$530 res/\$662.50 non-res (20 sessions)	
Group:	2 players - \$30 per player per session	
	3 players - \$25 per player per session	
	4 players+ - \$20 per player per session	

Spring Break Sports Camp

Come join the Recreation Staff for a week of playing outdoors. Play multiple sports which could include floor hockey, basketball, t-ball, softball, soccer, volleyball, flag football, tennis and/or kickball.

Please come prepared for the weather and ready to play in tennis shoes. Bring sunscreen, a water bottle and a snack. You can sign up for one day or the whole week.

6 to 12 years: 9am-12pm

Dates: Apr 6, Monday 212293.M
Apr 7, Tuesday 212293.T
Apr 8, Wednesday 212293.W
Apr 9, Thursday 212293.R
Apr 10, Friday 212293.F

Location: Clark Centennial Park, 1100 Alpine St
Fee: \$15 resident/\$18.75 non-resident

Fast-pitch Softball Camp

This clinic is a great way to get your daughter started in fast-pitch softball. It is targeted to all levels of experience and includes throwing, pitching, hitting, fielding and basic base-running skills. Players are divided by skill and age as much as possible during the clinic.

9 to 12 years: Apr 6-9, Mon-Thurs, 1-3pm 212294

Location: Clark Centennial Park-Rodriguez Field, 1100 Alpine St

Fee: \$45 resident/\$56.25 non-resident

Basketball Dribbling & Shooting Camp

This camp is a great way to learn the real fundamentals of basketball. Jorsua is a former Division I player who played in the 2007 FIBA Olympics and is currently coaching. He will teach your child while helping them to improve their dribbling and shooting form. All levels are welcome.

8 to 12 years: Apr 6-8, Mon-Wed, 8am-12pm 212291.S

Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$95 resident/\$118.75 non-resident



Spring Youth Tennis Lessons

All tennis lessons are for beginners. Lessons for 4-10 year olds use the QuickStart Tennis format. Participants must supply their own racket – tennis balls are provided. Please wear tennis shoes and bring water and sunscreen.

Dates: Apr 14-30, Tue/Thurs
4-6 yrs, 4-4:30pm 212600.T1
7-10 yrs 4:30-5:30pm 212601.T1
11-12 yrs 5:30-6:30pm 212602.T1
13-17 yrs 6:30-7:30pm 212603.T1

Dates: May 5-21, Tue/Thurs
4-6 yrs, 4-4:30pm 212600.T2
7-10 yrs 4:30-5:30pm 212601.T2
11-12 yrs 5:30-6:30pm 212602.T2
13-17 yrs 6:30-7:30pm 212603.T2

Location: Hover Acres Park, 1361 Charles Drive

Fee Ages 4-6: \$25 resident/\$31.25 non-resident

Fee Ages 7-17: \$50 resident/\$62.50 non-resident

Youth Outdoor Archery

Archery is an Olympic sport that teaches discipline and concentration. All equipment is provided.

10 to 17 yrs: Apr 14-May 5

Instructor: Andrew Bennett, Level 2 Instructor

Location: St Vrain Archery Club, South of Hwy 119 on WCR 5

Beginner Archery

Learn shooting skills, safety, scoring, types of equipment and terminology.

Day/Time: Tuesday, 4:45-5:45pm 212242.B1

Fee: \$40 resident/\$50 non-resident

Intermediate Archery

Learn multiple aiming techniques, how to avoid bad habits and the fundamentals of tournament archery. Instructor's approval required to enroll.

Day/Time: Tuesday, 6-7:30pm 212242.I1

Fee: \$60 resident/\$75 non-resident

Local Service Providers

The City of Longmont Recreation staff strives to provide a broad spectrum of recreation and leisure opportunities for a wide range of ages, interests and abilities. However, we also acknowledge that not every recreational interest is addressed in our program line up. With this in mind, we would encourage you to contact one or more of the other local providers that provide quality programs in the Longmont community. Web addresses and e-mails are available at www.LongmontColorado.gov/rec.

	Contact	Phone
Boulder Valley Lacrosse	Josh Sims	303-952-4049
CO Rebels Fast-pitch Softball	Mark Drouhard	970-381-6307
Dance Dimensions		303-772-3750
Garden Acres Batting Cages	Salvadore	303-682-0822
High Altitude Archery	Tom Adjutant	720-491-3309
Indian Peaks Girls Softball Assn	Melissa Goodard	303-776-3424
Life Bridge Church Sports Dir	JR Masteller	303-776-2927x256
Longmont Athletic Club		303-772-4700
Longmont Baseball League	Office	720-684-6286
Longmont Dance Theatre Academy		303-772-1335
Longmont Grizzlies Wrestling Club	Miguel Mendez	303-641-2373
Longmont Swim Club	Scott	303-520-6161
Longmont Tennis Association	Robert Gerken	303-588-8391
Longmont YMCA		303-776-0370
St. Vrain FC - youth soccer	office	303-651-3109
St. Vrain Youth Football (tackle)	office	702-442-1661
We Sport U - youth flag football	Cyndi Elia	303-651-9790